

LISD School Health Advisory Council Minutes

October 30, 2024

- I. **Call to Order @ 6:04**
- II. **Introductions**
- III. **Approval of Minutes**
 - A. motion was made to approve and seconded; all in favor.
- IV. **Child Nutrition Menu Offering:**
 - A. Alicia Rivera, Head Chef for Aramark, provided a sample from their new menu, members completed a review of the item
- V. **Review of SHAC Components and Responsibilities-**
 - A. M. Vincelette reviewed the purpose of the SHAC and the role of the subcommittees.
- VI. **Old Business -**
 - A. Review of 2024 SHAC Accomplishments
- VII. **New Business**
 - A. Food Service Management Company (FSMC) Kim Stafford, Child Nutrition Program Administrator: requested members to participate on the FSMC.
 - B. Sub-Committee Topic Screentime
 - 1. Heidi Veal, shared research on appropriate use of technology for children ages 2-5 years and the required TEKS for pres school
 - 2. Erin Walters, shared the social emotional effects of too much screen time
 - 3. Jonas Green and Kathy Field, shared the difference between critical consumption, powerful production and non-educational screen time
- VIII. **Adjournment - @ 6:45**
- IX. **Next meeting December 4, 2024**